

PLAN AND DO

“Commit your actions to the Lord, and your plans will succeed”. (Proverbs 16:3 NLT)

STEP 1: ACHIEVED RESULTS

What specific action did you commit to take last week? What was the result?

STEP 2: REFLECTIONS

Instructions: Take turns reading the following paragraphs. As you read, underline the ideas that stand out to you.

To be successful, you need a plan, because failing to plan is planning to fail. *“Good planning and hard work lead to prosperity, but hasty shortcuts lead to poverty.” Proverbs 21:5 NLT.* Just make sure your plans are aligned with God's and put them in his hands for success.

Every man on earth has talents, abilities, and energies; and like time, once wasted they cannot be recovered. There are three simples but not easy steps to success:

1. What do you want?
2. Do you know how much it costs?
3. Pay the price.

Most people can identify what they want, and some can even know the type of commitment required to achieve it, but only a few use the first two steps consistently to pay the high price of success. It is not a lack of talent, opportunity, or time that prevents a person from being successful; but the lack of focus on what you want. The human being has to be willing to abandon what he is to become what he needs to be, but if he does not plan and implement a strategy, he will never be able to achieve his vision and purpose. We have talked about purpose, character, attitude, and vision; however, without a strategy to achieve our dreams, they will only be fantasies. *“Suppose one of you wants to build a tower. Don't you sit down and calculate the cost first, to see if you have enough money to finish it?” Luke 14:28 NIV*

Plan, do, review, and adjust

Every strategy must be developed, carried out, reviewed, and adjusted based on the information acquired to improve the actual results against the expected results. The gap between the plan and the results obtained generates adjustments, closing the gap until our plan works or until we continue to learn. Each experiment causes continuous adjustments to achieve the desired goal at each step of the plan. Using the PDRA (Plan, Do, Review and Adjust) technique allows a person to distinguish between fact and fiction in any area of their life. Everyone can improve in any field if they are willing to follow the PDRA process in a disciplined way, these techniques guarantee that our predictions are accurate and not mere assumptions. Just thinking about how to improve doesn't change anything if you don't develop an action plan. A good plan requires the person to do a self-analysis to determine where they are, not just where they would like to be. Excellence requires constant planning and repetitive testing, and the person must desire their goal much more than their comfort.

Do

The best plans in the world are worth nothing if people don't execute them. One of the biblical books has been called the Book of Acts, they have not called it the book of thoughts or the book of best intentions, but the book of Acts. Greatness begins when the person takes the first step in the plan and develops the courage to execute it.

The only true failure in the PDRA process occurs when a person does not plan and carry out the tests since any result obtained, generates moments of learning, greater knowledge, and modifications. This process allows us to learn from mistakes and gives us the knowledge to obtain better results in the future.

In this process the more you do, the more you learn. Luck is the excuse of the losers to avoid the commitment of the winners. What distinguishes one musician from another is their hard work. There are no secrets! What is more, the people who make it to the top don't just work a little harder than everyone else, they work a hell of a lot harder than everyone else. We can be very good in any field, but we can't be great in all fields. Ask yourself, in what area would you be willing to invest 10,000 hours to become an expert?

Every leader or winner practices while others complain and resist while others leave; for there is no greatness without sacrifice.

It is clear then that no one achieves success by luck. Luck is correctly defined as "working with the right knowledge." Constant, hard, and difficult work is the only known recipe for mastering an activity.

Benefits of planning and doing:

1. You will live a full life by fulfilling your purpose.
2. Your promotion will pave the way for others to find their purpose.
3. This process will be of invaluable help on your journey to improvement.
4. It will help you learn the lessons of life so you can share with others.

Steps to follow:

1. Be a participant, don't be a spectator. Take action. Just decide what you want to do, and then ask yourself, what is important now? What do I need to do now to achieve all these things? And that will dictate the action to follow
2. If you want to have better results, you must understand what you must plan and do. It's time for you to take planning your goals seriously. Dust off that paper where you wrote your goals many years ago. Or better yet, start on a new page and dare to dream again; but don't just try to achieve your goals, decide to do what is legally, morally, and ethically necessary to achieve your dreams.

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STEP 3: REFLECT AND RESPONSE

Choose something that you underlined as important to you. Take a minute to share with everyone what you chose and why it is important to you.

STEP 4: AUTO EVALUATION

Respond the following section of self-evaluation:

On a scale of 1 to 10: How well do you demonstrate this quality in your life? _____

Why did you give yourself this score?

What benefits would you obtain from improving your score?

What people do you know that are a good example of this quality? What do you admire the most from this person?

What specific action can you take immediately to improve your score?

STEP 5: SHARE YOUR ACTION STEPS

Take a moment to share your responses from the self-evaluation section, include the action that you plan to take to improve in that area. We ask that everyone participates.

Instructions for the host:

1. Make the calling:

“Lord Jesus, I recognize that I have sinned and that you died for me. Today I repent and ask for forgiveness. I give you my life and my heart so that you may be my Lord and personal Savior, amen”.

2. Impartation: Pray and activate what you have learned today.

3. Pray for the offering.