

# VISION

*"The imaginable is possible, the unimaginable is impossible" A. Guillermo M.*

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## STEP 1: ACHIEVED RESULTS

*What specific action did you commit to fulfilling last week? What were the results?*

## STEP 2: REFLECTIONS

*Instructions: Take turns Reading with others the following paragraphs. As you are Reading highlight the ideas that catch your attention.*

Winners in any field visualize successful results before they actually happen. From athletes to sales agents, musicians, marketers, and many other high achievers harness the power of visualization for any achievement. Jack Canfield in his book "The Principles of Success" indicates that people have control over three things in their lives: Their thoughts, the images they visualize and the actions they take.

The conscious mind thinks with words, while the subconscious thinks with images, the images that are formed in the subconscious lead the person towards their dominant vision; but their visualization process is very little known and rarely applied by most people. Actually, if someone decides to stand out from the crowd, he must learn to feed the subconscious, then his vision of the future will not be a contribution but an essential part of his path to success.

The author Vince Poscente in his book "The Ant and the Elephant", describes the difference between consciousness and the subconscious and teaches us that a thought in our consciousness (ant) in a second stimulates 2000 neurons, while the subconscious (elephant) in a second of imagination it stimulates 4 billion neurons. This means four trillion against 2000 neurons.

Scientists are discovering that the brain is a visionary apparatus with the primary function of creating images in our minds to be used as samples for things that do not exist.

The ant and elephant analogy teaches us how to generate successful results through the power of subconscious programming with positive thoughts and conscious visions. In fact, Albert Einstein was a firm believer in the subconscious, saying, "Imagination is everything." "Imagination is more important than knowledge." The ant and the elephant are important, but research concludes that unless a person sets the elephant free, he cannot get any results.

### **The power of alignment**

When one assumes the responsibility of feeding their ant and their elephant, it changes their thoughts and, therefore, changes their destiny forever, by aligning the two in a common cause, they discover that dreams are achieved with constant efforts towards the imagined future. Just as actors follow a movie script, the person manages his life according to the script provided by his elephant. In order to move in the direction of his dreams, a person must train his ant to think positively in order to feed his elephant with the proper life script.

Olympic gymnast Peter Vidmar said: "Visualization is not a substitute for dedication and hard work. If you add it to your training regimen, whether in the field of sports, business, or personal relationships, it will prepare your mind for success; visualization is the first step to achieve your goals and dreams".

*Good planning and hard work lead to prosperity, but hasty shortcuts lead to poverty.*" (Prov. 21:5 NLT)

### **Who feeds the elephant?**

Don't be fooled, the elephant will be fed. The question is what kind of food is it receiving? Who is feeding it? In order to take hold of your future, the person must assume responsibility of proportioning the appropriate amount of food for your elephant in order to reach your goals and dreams.

Imagination is neutral in success or failure. It depends on what the programmer chooses to feed his elephant. A person can't get fired up with their dreams if they are too busy soaking up their fears. The greatest achievers aren't born better than the rest of us, but they've learned the importance of feeding their elephant with faith instead of fear. What a person imagines quickly becomes his reality. If dreams are powerful visions of the future, then suspicions are fearful visions of the future...*The fear of the wicked will come upon him, And the desire of the righteous will be granted.*" (Prov.10:24 NKJV)

### **Success is a photograph in the eyes of the mind.**

Success is first photographed in the mind and then in the real world. Every achiever has learned to use what leads to successful events in their mind. The more the commercial is visualized and achieved in the imagination the more real it becomes.

In life, a person does not always get what he wants or what he deserves, but he always gets what he expects. *"Now all glory to God, who is able, through his mighty power at work within us, to accomplish infinitely more than we might ask or think."* (Eph. 3:20) For what the person constantly feeds his elephant is what that person eventually expects from life.

God is a Creator (creative) God and He made man according to his image and likeness, so we have the mind of Christ, and we have something that animals do not have: creative imagination and we can formulate a variety of goals. People discipline their conscience to survive, but few discipline their unconscious to achieve their dreams. Aligning the ant and the elephant in favor of our dreams is essential to successfully achieving dreams. The elephant is always on the move, the question is, does it move towards dreams or towards fears?

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### **Benefits of properly feeding the elephant.**

1. You will stay motivated.
2. Your dreams will lead you to action.
3. You will achieve your dreams successfully.

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### **Steps to follow:**

1. **Make sure your dreams are within God's dreams.**
2. **Start feeding your elephant images from those dreams.** You can even make a collage on cardboard capturing your dreams.
3. **God gave you a creative mind.** Start creating and imagining and see yourself achieving all that God planned you to do.
4. **Take action.** Discipline yourself to focus your time and energy on God's vision for your life.

# VISIÓN

### STEP 3: SHARE YOUR ACTION STEPS

Choose something that you underlined as important to you. Take a minute to share with everyone what you chose and why it is important to you.

### STEP 4: AUTO EVALUATION

*Respond the following section of self-evaluation:*

In a scale of 1 to 10: How well do you demonstrate this quality in your life? \_\_\_\_\_

Why did you give yourself this score?

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What benefits would you obtain from improving your score?

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What people do you know that are a good example of this quality? What do you admire the most from this person?

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What specific action can you take immediately to improve your score?

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### STEP 5: SHARE YOUR ACTION STEPS

*Take a moment to share your responses from the self-evaluation section, include the action that you plan to take to improve in that area. We ask that everyone participates.*

**Instructions for the host:**

- 1. **Make the calling:**

*“Lord Jesus I recognize that I have sinned and that you died for me. Today I repent and ask for forgiveness. I give you my life and my heart so that you may be my Lord and personas Savior, amen”.*

- 2. **Impartation:** Pray and activate what you have learned today.

- 3. **Pray for the offering.**