

“WITHOUT EXCUSES”

A FUTURE WITHOUT EXCUSES II

“Leave your memories, forget the past, go ahead and allow God to fill your present with hope and love”. (P. Dinora Jimenez)

STEP 1: ACHIEVED RESULTS

What specification did you commit to accomplish last week? What were the results?

STEP 2: REFLECTIONS

Instructions: Taking turns read with your group the following paragraph's. While you're reading highlight the ideas that catch your attention.

In her book “**ALife WithoutExcuses**” P. Dinora Jimenez tells us that it's necessary to confront our past and heal within,so we don't keep repeating the samecourse pattern of our parents and past generations. That's what she did.

HOW TO CUT THE PATTERN OF CONDUCT?

Decide. “You were taught, with regard to your former way of life, to put your old self, which is being corrupted by its deceitful desires”. (Eph. 4:22 NLT)

P. Dinora expressed: With the experience's I've lived I took the decision to change my environment. I decided not to follow the same pattern of a toxic conduct and sickness of my parents. I decidedto have a different family and transfer all the truth to my daughter. I decided to inject value and truth of the world of God to the people that surrounded me, so they can positively impact their family.

Today I encourage you: Decide to leave your past behind, decide to forgive and change, Decide over your present. Decide how you want your future to be and decide what legacy you will leave to your generations. Decide to change!

Keep going forward. “Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do, forgetting what is behind and straining toward what is ahead”. (Phi 3:13 NIV)

From children as defenseless beings we can't defend ourselves and we are at the mercy of the decisions of our parents or adults around us. That is very frustrating and unfair. But I am a testimony that you can get out of abuse, moveforward, and leave the past behind. When we are little, we can do nothing, but when we grow up, we no longer have to stay physically or mentally in a place where there was abuse and pain.

Don't stop your life thinking of a man or women that abandoned you, that abused you or that didn't love you. It's time to move forward. You can work, redo your life, and get to where you want, because from now on you have the reins of your destiny. Leave your memories, forget your past, keep going forward and let God fill your present with hope and love.

Don't suffer anymore.

You must stop suffering, renounce the past, break the chains of curse that follow you and in faith, forget all that was left behind. No longer suffer because of what your parents, your friends, your relatives, or your spouse did to you.

If your children don't want to be with you, don't suffer anymore, let them live their life. One brings them to this world as a loan from heaven for us to instruct them, parents are only administrators of their lives, but the time will come when they will want to make their own lives.

Recover your identity.

Identity is made up of a series of attributes and features that each and one of us have and it makes us different from the rest. Real identity is given by Christ, and we need to concentrate on what he thinks of us. *"For I know the plans I have for you declares the lord, plans to prosper you and not harm you, plans to give you hope and a future". (Jer 29:11 NIV)*

There are those who have been stuck without knowing who they are or where they are going, because the past marked them or defined them and affected the purpose for which they were born. But Christ gave us a new identity, no matter what we have suffered, He makes everything new.

Those who live without identity seek to resemble those who are "popular" by copying their way of dressing, acting, and living. The worst thing is that they not only imitate the good, but also the bad, and end up being people they aren't and don't fulfill their purpose but the purpose of others. The lack of identity invites us to put on masks and live by appearances, but we shouldn't live like that. You don't want to be anyone's copy. You were created to the likeness of the Almighty God and that is enough for your identity to be very high.

Recover your identity, if they told you that you were a good for nothing, not valuable, not capable. God tells you "I have a plan for you, you are worth the blood of Christ, and you can do anything in Christ that strengthens you"

Benefits:

1. Your life will be different, your family will be different, your generations will be different.
2. You will know how to take advantage of the opportunities that come your way.
3. You will recover authority over your future.
4. No one will steal what God has for you.

Steps to follow:

1. **Decide to leave the past behind.** Decide to forgive, decide to change, decide how you want your future to be.
2. **Exit all toxic atmosphere and move forward.** You have the ropes to your destiny just allow God to fill your present with hope and love.
3. **Stop suffering.** Look forward, set your eyes on God, fill yourself with him, surround yourself with good people, etc.
4. **Don't let others define you.** You are no one's copy, God made you unique, don't do what others what you to do, do what God what's you to do, that which makes you happy.
5. **Start to give steps of faith.** Set God as your helper and when you feel like you can't anymore declare the promises of God over your life.

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STEP 3: REFLECT AND RESPONSE

Choose something that you underlined as important to you. Take a minute to share with everyone what you chose and why it is important to you.

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STEP 4: AUTO EVALUATION

Respond the following section of self-evaluation:

In a scale of 1 to 10: How healthy are you from your past experiences? _____

Why did you give yourself this score?

What benefits would you obtain from improving your score?

What people do you know that are a good example of this quality? What do you admire the most from this person?

What specific action can you take immediately to improve your score?

STEP 5: SHARE YOUR ACTION STEPS

Take a moment to share your responses from the self-evaluation section, include the action that you plan to take to improve in that area. We ask that everyone participates.

Instructions for the host:

1. **Make the calling:** “Lord Jesus I recognize that I have sinned and that you died for me. Today I repent and ask for forgiveness. I give you my life and my heart so that you may be my Lord and personal Savior, amen”.
2. **Impartation:** Pray and activate what you have learned today.
3. **Pray for the offering.**
4. **Invite all the members of your HOP to take the classes that Apostle is teaching on Tuesdays, which will help and equip them to maintain spiritual success in all areas in these last days.**

NOTE: Attendance will be taken, and a certificate will be given to those who complete all their classes.